

Rafting and Zip Wire in North Wales June 2023

During the lovely weather back in June, a group of Active Adventures spent 2 days in North Wales on an adventurous mini break.

Our first stop was to The National Rafting Centre near Fron-Goch. There, 9 of us put on our wet suits, listened to a scary safety briefing and got into a mini bus that had seen better days to bump us upstream.

Sitting in the back of the van I'm sure I wasn't the only person reflecting on the instructions and why I was doing something that nobody could possibly survive!

We carried the boat to the water, gingerly climbed aboard clutching our paddles awkwardly, and we were off! It was exhilarating - but cold. The rapids were fast and we got thoroughly wet, but over our three rides downstream we were hooked and thoroughly enjoyed the experience. Better still nobody fell in!

The next morning, we met again at Penrhyn Slate Quarry to do the Velocity zip wire. We swapped wet suits for harnesses, did the mini zip wire first and then took our seats on a quarry vehicle for another bumpy ride, this time up a hill side.

Apparently we could go as fast as 100mph over 1555m, but I don't think I managed that. With lovely views over towards Anglesey, four people 'fly' down together over the old quarry in a prone position. All too quickly you are rushing over the turquoise blue water of the lake to land safely on the other side, and another adventure is over.

We had enjoyed our two days in Wales, and over coffee there was talk of finding new adventures in Wales next year - those brakeless go carts at the top of the quarry looked exciting!!!

